## January to March 2017 MENU

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DAY	Breakfast 1	Breakfast 2	Lunch 1	Lunch 2	Lunch - Vegetarian	Dinner main 1	Dinner main 2	Vegetable 1	Vegetable 2	Carb 1	Carb 2	Vegetarian	Dessert
Sunday, 1 January 2017	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed
Monday, 2 January 2017	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed	Kitchen Closed
Tuesday, 3 January 2017	Kitchen Closed	Kitchen Closed	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Kitchen Closed
Wednesday, 4 January 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake
Thursday, 5 January 2017	Pancakes, maple syrup, lemon	Pancakes, maple syrup, lemon		Chef's choice					Chef's	choice		•	
Friday, 6 January 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with	Fresh fruit salad & custard
Saturday, 7 January 2017		breakfast	Tac	Sauce hos with Mexican fills, inc vege	tarian	Korean Beef	Fish in white sauce with	Beans	Carrets	Pasta	Jasmine Rice	cashews Crepes with vegetable sauce	Brioche with chocolate sauce
			Stir-fry pork & noodles	Pasta & Bolognese Sauce	Pasta & vegetable sauce		capers & sun-dried tomatoes	Roast Pumpkin				filling	
Sunday, 8 January 2017			71	· · ·		Veal steak	Teriyaki Chicken	•	Cathillower	Roast chat potatoes	Short Grain Rice	Cabbage rolls	Carrot cake
Monday, 9 January 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed V	egerables	Mashed potatoes	Jasmine Rice	Dahl	Pavlova
Tuesday, 10 January 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce Beef hamburger burger &	Pasta & Meatball Sauce	Vegetable paella	Veal scaloppini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit
Wednesday, 11 January 2017	Boiled eggs	Cheesy Corn & Potato	chips	Pasta bake	Vegetable pasta bake	Sweet & sour pork	Beef stir-fry	Mixed Asian gre		Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream
Thursday, 12 January 2017	Mini Quiches	Pancakes, maple syrup, lemon		Chef's choice			Chieles drimettes with		Chef's	choice		T	T
Friday, 13 January 2017	Scrambled eggs	Spaghetti	Thai (chicken) fried rice	Spanish (bacon/sausage) fried rice	Vegetable fried rice	Slow cooked lamb	Chicken drumettes with ginger oyster sauce	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum	Baklava
Saturday, 14 January 2017	January 2017 The BIG breakfast		Barbecue: Beef steaks, c	hicken pieces, lamb patties; ve	getable sausages & patties	Japanese curried pork	Roast fish with coriander pesto	Zucchini	Roast Pumpkin	Mashed potato	Brown Rice	Mustard-crusted tofu, kale & sweet potato	Chocolate Brownie
Sunday, 15 January 2017	The BIG	breakfast	Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken	Beans with lemon	Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream
Monday, 16 January 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel
Tuesday, 17 January 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake
Wednesday, 18 January 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake
Thursday, 19 January 2017	Mini Quiches	Pancakes, maple syrup, lemon		Chef's choice					Chef's	choice		•	
Friday, 20 January 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard
Saturday, 21 January 2017	The BIG	breakfast	Tac	hos with Mexican fills, inc vege	tarian	Korean Beef	Fish in white sauce with capers & sun-dried tomatoes	Beans	Carrots	Pasta	Jasmine Rice	Crepes with vegetable sauce filling	Brioche with chocolate sauce
Sunday, 22 January 2017	The BIG	breakfast	Stir-fry pork & noodles	Pasta & Bolognese Sauce	Pasta & vegetable sauce	Veal steak	Teriyaki Chicken	Roast Pumpkin	Cauliflower	Roast chat potatoes	Short Grain Rice	Cabbage rolls	Carrot cake
Monday, 23 January 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed Vo	egetables	Mashed potatoes	Jasmine Rice	Dahl	Pavlova
Tuesday, 24 January 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce	Pasta & Meatball Sauce	Vegetable paella	Veal scalopoini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit
Wednesday, 25 January 2017	Boiled eggs	Cheesy Corn & Potato	Beef hamburger burger &	Pasta bake	Vegetable pasta bake		Beef stir-fry	•	ens & vegetables	Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream
		Pancakes, maple syrup,	chips		vegetable pasta bake	Sweet & sour pork	Deel stil-lify	mixed / total i gre		s choice	Long grain nice	Ratatoulle	Apple talt & cream
Thursday, 26 January 2017	Mini Quiches	lemon		Chef's choice  Spanish (bacon/sausage)			Chicken drumettes with					T	
Friday, 27 January 2017	Scrambled eggs	Spaghetti	Thai (chicken) fried rice	fried rice	Vegetable fried rice	Slow cooked lamb	ginger oyster sauce Roast fish with coriander	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum  Mustard-crusted tofu, kale &	Baklava
Saturday, 28 January 2017	The BIG	breakfast	Barbecue: Beef steaks, c	hicken pieces, lamb patties; ve	getable sausages & patties	Japanese curried pork	pesto	Zucchini	Roast Pumpkin	Mashed potato	Brown Rice	sweet potato	Chocolate Brownie
Sunday, 29 January 2017	The BIG	breakfast	Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken	Beans with lemon	Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream
Monday, 30 January 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel
Tuesday, 31 January 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake
Wednesday, 1 February 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake
Thursday, 2 February 2017	Mini Quiches	Pancakes, maple syrup, lemon	Chef's choice			Che			choice				
Friday, 3 February 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard
Saturday, 4 February 2017	The BIG	breakfast	Tac	hos with Mexican fills, inc vege	tarian	Korean Beef	Fish in white sauce with capers & sun-dried tomatoes	Beans	Carrots	Pasta	Jasmine Rice	Crepes with vegetable sauce filling	Brioche with chocolate sauce
Sunday, 5 February 2017	The BIG	breakfast	Stir-fry pork & noodles	Pasta & Bolognese Sauce	Pasta & vegetable sauce	Veal steak	Teriyaki Chicken	Roast Pumpkin	Cauliflower	Pasta	Jasmine Rice	Cabbage rolls	Carrot cake
Monday, 6 February 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed V	egetables	Mashed potatoes	Jasmine Rice	Dahl	Pavlova
Tuesday, 7 February 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce	Pasta & Meatball Sauce	Vegetable paella	Veal scaloppini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit
Wednesday, 8 February 2017	Boiled eggs	Cheesy Corn & Potato	Beef hamburger burger &	Pasta bake	Vegetable pasta bake	Sweet & sour pork	Beef stir-fry		eens & vegetables	Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream
Thursday, 9 February 2017	Mini Quiches	Pancakes, maple syrup,	chips	Chef's choice	-	,	,			choice			
Friday, 10 February 2017	Scrambled eggs	lemon Spaghetti	Thai (chicken) fried rice	Spanish (bacon/sausage)	Vegetable fried rice	Slow cooked lamb	Chicken drumettes with	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum	Baklava
Saturday, 11 February 2017		breakfast	, ,	fried rice hicken pieces, lamb patties; ve		Japanese curried pork	ginger oyster sauce Roast fish with coriander	Zucchini	Roast Pumpkin	Mashed potato	Brown Rice	Mustard-crusted tofu, kale &	Chocolate Brownie
	The BIG breakfast						pesto Rutter chicken	Beans with lemon	•			sweet potato	
Sunday, 12 February 2017			Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken		Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream
Monday, 13 February 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel
Tuesday, 14 February 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry Pasta & Ham & Mushroom	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake
			I a	i asia o mani o iviustii00M	Vegetories eshaitzel 9 obine	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake
Wednesday, 15 February 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Sauce	Vegetarian schnitzel & chips	T OIK OHOPS	matan emeter	Eggplant Colory					
Wednesday, 15 February 2017 Thursday, 16 February 2017	Boiled eggs Mini Quiches	Cheesy Corn & Potato Pancakes, maple syrup, lemon	Chicken schnitzel & chips	Sauce Chef's choice	vegetarian scrinitzer & criips	1 on oneps	maan chiada	<u> Едуриали Облогу</u>	Chef's	choice			33
		Pancakes, maple syrup,	Chicken schnitzel & chips  Biryani chicken	Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Chef's	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard
Thursday, 16 February 2017	Mini Quiches Scrambled eggs	Pancakes, maple syrup, lemon	Biryani chicken	Sauce Chef's choice Pasta & Italian Sausage	Vegetable Biryani						Long Grain Rice Jasmine Rice	Stir-fried vegetables with	

## January to March 2017 MENU

## January to March 2017 MENU

DAY	Breakfast 1	Breakfast 2	Lunch 1	Lunch 2	Lunch - Vegetarian	Dinner main 1	Dinner main 2	Vegetable 1	Vegetable 2	Carb 1	Carb 2	Vegetarian	Dessert	
Sunday, 19 February 2017	The BIG breakfast			Welcome Lunch		Veal steak	Teriyaki Chicken	Roast Pumpkin	Cauliflower	Roast chat potatoes	Short Grain Rice	Cabbage rolls	Carrot cake	
Monday, 20 February 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed V	egetables	Mashed potatoes	Jasmine Rice	Dahl	Pavlova	
Tuesday, 21 February 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce	Pasta & Meatball Sauce	Vegetable paella	Veal scaloppini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit	
Wednesday, 22 February 2017	Boiled eggs	Cheesy Corn & Potato	Beef hamburger burger & chips	Pasta bake	Vegetable pasta bake	Sweet & sour pork	Beef stir-fry	Mixed Asian gre	ens & vegetables	Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream	
Thursday, 23 February 2017	Mini Quiches Pancakes, maple syrup, lemon		Chef's choice					Chef's	's Choice					
Friday, 24 February 2017	Scrambled eggs	Spaghetti	Thai (chicken) fried rice	Spanish (bacon/sausage) fried rice	Vegetable fried rice	Slow cooked lamb	Chicken drumettes with ginger oyster sauce	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum	Baklava	
Saturday, 25 February 2017	ry 2017 The BIG breakfast		Barbecue: Beef steaks, chicken pieces, lamb patties; veget:		getable sausages & patties	Japanese curried pork	Roast fish with coriander pesto	Zucchini	Roast Pumpkin	Mashed potato	Brown Rice	Mustard-crusted tofu, kale & sweet potato	Chocolate Brownie	
Sunday, 26 February 2017	The BIG breakfast		Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken	Beans with lemon	Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream	
Monday, 27 February 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel	
Tuesday, 28 February 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake	
Wednesday, 1 March 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake	
Thursday, 2 March 2017	Mini Quiches	Pancakes, maple syrup, lemon	Chef's choice					1116	Commence	ement Dinner				
Friday, 3 March 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard	
Saturday, 4 March 2017	The BIG breakfast		Tac	hos with Mexican fills, inc vege	tarian	Korean Beef	Fish in white sauce with capers & sun-dried tomatoes	Beans	Carrots	Pasta	Jasmine Rice	Crepes with vegetable sauce filling	Brioche with chocolate sauce	
Sunday, 5 March 2017	The BIG breakfast		Stir-fry pork & noodles	Pasta & Bolognese Sauce	Pasta & vegetable sauce	Veal steak	Teriyaki Chicken	Roast Pumpkin	Cauliflower	Roast chat potatoes	Short Grain Rice	Cabbage rolls	Carrot cake	
Monday, 6 March 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed V	egetables	Mashed potatoes	Jasmine Rice	Dahl	Carrot cake	
Tuesday, 7 March 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce	Pasta & Meatball Sauce	Vegetable paella	Veal scaloppini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit	
Wednesday, 8 March 2017	Boiled eggs	Cheesy Corn & Potato	Beef hamburger burger & chips	Pasta bake	Vegetable pasta bake	Sweet & sour pork	Beef stir-fry	Mixed Asian gre	eens & vegetables	Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream	
Thursday, 9 March 2017	Mini Quiches	Pancakes, maple syrup, lemon	Chef's choice						Choice	ze				
Friday, 10 March 2017	Scrambled eggs	Spaghetti	Thai (chicken) fried rice	Spanish (bacon/sausage) fried rice	Vegetable fried rice	Slow cooked lamb	Chicken drumettes with ginger pyster sauce	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum	Baklava	
Saturday, 11 March 2017	The BIG	G breakfast	Barbecue: Beef steaks, c	hicken pieces, lamb patties; ve	getable sausages & patties	Japanese curried pork	Roast fish with coriander pesto	Zucehini	Roast Pumpkin	Mashed potato	Brown Rice	Mustard-crusted tofu, kale & sweet potato	Chocolate Brownie	
Sunday, 12 March 2017	The BIG breakfast		Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken	Beans with lemon	Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream	
Monday, 13 March 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel	
Tuesday, 14 March 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake	
Wednesday, 15 March 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake	
Thursday, 16 March 2017	Mini Quiches	Pancakes, maple syrup, lemon		Chef's choice		<b>(</b> )			Chef's	Choice				
Friday, 17 March 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard	
Saturday, 18 March 2017	The BIG breakfast		Tac	hos with Mexican fills, inc vege	tarian	Korean Beef	Fish in white sauce with capers & sun-dried tomatoes	Beans	Carrots	Pasta	Jasmine Rice	Crepes with vegetable sauce filling	Brioche with chocolate sauce	
Sunday, 19 March 2017	The BIG	6 breakfast	Stir-fry pork & noodles	Pasta & Bolognese Sauce	Pasta & vegetable sauce	Veal steak	Teriyaki Chicken	Roast Pumpkin	Cauliflower	Roast chat potatoes	Short Grain Rice	Cabbage rolls	Carrot cake	
Monday, 20 March 2017	Egg & bacon rolls	Waffles & maple syrup	Pork ribs & rice	Pasta & Salmon sauce	Quiche	Chicken Chasseur	Grilled lamb chops	Mixed V	egetables	Mashed potatoes	Jasmine Rice	Dahl	Pavlova	
Tuesday, 21 March 2017	Omelette (ham/bacon)	Porridge	Pasta & Chicken Sauce	Pasta & Meatball Sauce	Vegetable paella	Veal scaloppini	Mustard chicken	Broccoli	Pumpkin	Steamed Potatoes	Brown rice	Spinach & ricotta rolls	Thai custard & fresh fruit	
Wednesday, 22 March 2017	Boiled eggs	Cheesy Corn & Potato	Beef hamburger burger & chips	Pasta bake	Vegetable pasta bake	Sweet & sour pork	Beef stir-fry	Mixed Asian gre	ens & vegetables	Mashed Kumara	Long grain rice	Ratatouille	Apple tart & cream	
Thursday, 23 March 2017	Mini Quiches	Pancakes, maple syrup, lemon	Chef's choice						Chef's	"s Choice				
Friday, 24 March 2017	Scrambled eggs	Spaghetti	Thai (chicken) fried rice	Spanish (bacon/sausage) fried rice	Vegetable fried rice	Slow cooked lamb	Chicken drumettes with ginger oyster sauce	Eggplant with onions	Kumara	Couscous	Jasmine Rice	Stuffed capsicum	Baklava	
Saturday, 25 March 2017	The BIG	6 breakfast	Barbecue: Beef steaks, c	hicken pieces, lamb patties; ve	getable sausages & patties	Japanese curried pork	Roast fish with coriander pesto	Zucchini	Roast Pumpkin	Mashed potato	Brown Rice	Mustard-crusted tofu, kale & sweet potato	Chocolate Brownie	
Sunday, 26 March 2017	The BIG breakfast		Ham & pineapple pizza	Pepperoni pizza	Vegetable pizza	Fried steaks	Butter chicken	Beans with lemon	Carrots	Fried potato	Basmati Rice	Vegetarian "Shepherd" Pie	Jelly & ice-cream	
Monday, 27 March 2017	Egg & bacon rolls	Waffles & maple syrup	Fish & chips	Pasta & prawn sauce	Tempura vegetables	Roast Chicken	Roast Pork	Roast Pumpkin	Beans	Roast Potato	Brown rice	Vegetarian chilli con carne	Crème caramel	
Tuesday, 28 March 2017	Omelette (ham/bacon)	Porridge	Pork curry & rice	Chicken curry	Vegetable curry	Beef stroganoff	Fresh salmon	Peas	Carrots	Mashed Potato	Jasmine Rice	Vegetable Moussaka	Chocolate cake	
Wednesday, 29 March 2017	Boiled eggs	Cheesy Corn & Potato	Chicken schnitzel & chips	Pasta & Ham & Mushroom Sauce	Vegetarian schnitzel & chips	Pork chops	Indian Chicken	Eggplant/Celery	Steamed Cauliflower	Steamed Potatoes	Basmati Rice	Gnocchi	Pineapple & butterscotch cake	
Thursday, 30 March 2017	Mini Quiches	Pancakes, maple syrup, lemon		Chef's choice					Chef's	Choice				
Friday, 31 March 2017	Scrambled eggs	Spaghetti	Biryani chicken	Pasta & Italian Sausage Sauce	Vegetable Biryani	Lamb with Moroccan spices	Chicken wings	Minted peas	Sweet potato	Couscous	Long Grain Rice	Stir-fried vegetables with cashews	Fresh fruit salad & custard	